



Turn Off The Screens Week LOG

	What I Did Instead of TV/Computer	Parent/Guardian Signature
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		

Child's Name: _____ Home Phone: _____
 Address: _____
 School: _____ Grade: _____

If you receive your log sheet from your school, please return the completed log to your teacher on Monday April 26, 2004.

If you receive your log sheet from a location other than your school, please return your completed log sheet, by Friday, April 30, 2004, to:

- The County of Oxford, Dept. of Public Health & Emergency Services, 410 Buller St., Woodstock, ON, N4S 4N2
- Any public library in Oxford County

The draw for prizes will take place in May.

**Prizes: Bicycle and Bike Helmet, Canadian Tire, Woodstock
 5 \$25.00 Gift Certificates from Joggers**

The Rules

- No TV or computer screen (including video and games) other than for homework.
- A parent must sign the log sheet each day of the week that the student does not watch TV or spend time on a screen except for homework.
- The Challenge does require that ALL 5 DAYS BE SCREEN-FREE other than for homework to be eligible for prizes (**no exceptions**).
- Each child can only submit one completed log sheet.

The personal information on this form is collected under the legislative authority of the Health Protection and Promotion Act, R.S.O., 1990, C.H.7. The information will be used for the purpose of awarding prizes and evaluating Turn Off the Screens Week. For further information, contact the County of Oxford, Department of Public Health and Emergency Services, 519-539-9800

